



ELEMENT HAIR

www.elementhair.com
519.746.1212

Element Hair believes in a creative environment inspiring texture, colour, and contemporary, wearable, beautiful hair. Aesthetics also available. Waterloo Region's first and only Arrojo NYC Ambassador Salon. Visit their new multi-service studio space on The Boardwalk.



ALEXANDRIA'S SHOES FOR WOMEN

www.alexandrias.ca
519.725.3258

Alexandria's shoes, located in the heart of UpTown Waterloo, is THE place to find quality, fashion-forward footwear for work and play! Trendsetting and unique women's shoes in a multitude of colours and styles, from casual to evening. Inside **The Shops at Waterloo Town Square**.



THE LIGHTING SHOPPE

www.thelightingshoppe.ca
519.622.2223

Come in to see all the new fixtures exclusive to **The Lighting Shoppe**. Thousands of fixtures on display and in stock, including chandeliers, vanity lights, outdoor lights, pendant lighting and more.



SUN LIFE FINANCIAL

**UPTOWN
WATERLOO
JAZZ
FESTIVAL**

SCHWEITZER'S PLUMBING CENTRE

www.schweitzers.ca
519.747.1819

Schweitzer's Plumbing Centre is proud to sponsor the "Jazz for Adults" event July 21st at the Jazz Room inside the Huether Hotel, providing jazz culture and creative performance opportunities to adults in Waterloo Region. Participants attend a week long jazz day camp to hone their skills, then showcase their talents to a live audience. More information at www.beckettschool.ca/course/jazz-adults-2018.



**Styling and
Photography
by Alisha Townsend**

HAIR

Kevin Michael Beck
of Elevate Hair Studio
in Waterloo

MAKEUP

Faces by Nadeen

Mandy wears a hooded
sweatshirt, Under
Armour, \$69.99; and
leggings, Alo, \$109.99.

Mikaila wears a T-shirt,
\$40; and sport shorts,
\$29.99. Both by
Under Armour.

Lynda wears a tank
top, \$29.99; bra top,
\$39.99; print leggings,
\$59.99; and a hooded
sweatshirt, \$69.99.
All by Under Armour.

WHERE TO GET IT:
PAGE 133

**MODELS
(Left to right)**

Mandy Bujold,
also featured
on page 72;
Mikaila Emrich,
also featured
on page 84;
Lynda Jager,
also featured
on page 78

Role models

This page:

Mikaila wears a zip-up jacket, New Balance, \$94.95; Ice athletic shirt, New Balance, \$49.95; breathable shorts, Kari Traa, \$55.95; and running shoes, Saucony, \$139.95.

Lynda wears a racerback tank top, Kari Traa, \$39.95; long-sleeve top (tied at waist), Asics, \$49.95; leggings, Kari Traa, \$89.95; and racing shoes, Saucony, \$139.95.

Opposite page:

Lynda wears a T-shirt, New Balance, \$55; leggings, New Balance, \$100; jacket (tied at waist), New Balance, \$75; and a knapsack, MEC, \$44.

Mikaila wears a tank top with strap detail, New Balance, \$55; sport shorts, New Balance, \$65; and a jacket, New Balance, \$120.

WHERE TO GET IT:
PAGE 133





Mandy wears a water-resistant jacket with hood, \$104.99; V-neck T-shirt, \$29.99; HeatGear shorts, \$45; and running shoes, \$99.99. Duffle bag, \$54.99. All by Under Armour.

WHERE TO GET IT:
PAGE 133



Mikaila wears a hoody, New Balance, \$64.95; graphic print leggings, Asics, \$79.95; and running shoes, Brooks, \$129.95.

BENEFIT *from the* VARIETY of MEDI SPA SERVICES *only* GINAS can offer



Lynda wears a T-shirt, MEC, \$36; print leggings, MEC, \$55; jacket, MEC, \$115; and running shoes, LA Sportiva, \$125.

WHERE TO GET IT:
PAGE 133



YOUR
TOP AWARD
WINNING SPA

BE REVIVED
& REFRESHED
at GINA'S

RMD SKIN REMODELLING SYSTEM

RMD Skin Remodelling System now part of Gina's V-Lift and Venom facials. *It is the perfect way to reverse the signs of ageing without using lasers or injectables.* Instead, the treatment uses five age-reversal technologies delivered simultaneously in a relaxing 30-minute session. The result is an overall improvement in the skin's appearance and texture, with restored muscle tone, softened lines and wrinkles, and a plumped-up appearance around the lips. There is no down time and the results are immediate.

6 REGINA ST. N., WATERLOO | 519.886.2090 | GINASPA.COM

@GinaSpaAndHair facebook.com/GinasSpa



GINAS
SPA • HAIR STUDIO • MEDI SPA

Where to Get It

A guide to some of the products and services featured in this issue.

Cover

- Luisa Cerano designer outfits available at **Biba Boutique**, 426 King St. E., Kitchener; 519-570-1421; bibaboutique.com

Style feature

Styling and Photography:

Alisha Townsend is with **Fresh Studios**, freshstudios.ca; 905-515-5259

Hair: Kevin Michael Beck is with

Elevate Hair Studio, 373 Bridge St. W., Waterloo; elevatehairstudio.ca; 519-886-7723

Makeup: Faces by Nadeen can be reached at facesbynadeen.com

Models: Lynda Jager, Mandy Bujold and Mikaila Emrich

Contents

Page 12:

- Outfits available at **Sail**, 150 Holiday Inn Dr., Cambridge; 519-231-0113; sail.ca

Role Models pages 62 to 68

Pages 62 and 63:

- Outfits available at **Sail**, 150 Holiday Inn Dr., Cambridge; 519-231-0113; sail.ca

Page 64:

- Outfits available at **Runners' Choice**, 55 Erb St. E., Waterloo; runnerschoicewat.on.ca; 519-884-5361

Page 65:

- Outfits available **MEC Kitchener**, 10 Manitou Dr, Kitchener; 519-896-4972; mec.ca

Page 66:

- Outfits available at **Sail**, 150 Holiday Inn Dr., Cambridge; 519-231-0113; sail.ca

Page 67:

- Outfits available at **Runners' Choice**, 55 Erb St. E., Waterloo; runnerschoicewat.on.ca; 519-884-5361

Page 68:

- Outfits available **MEC Kitchener**, 10 Manitou Dr, Kitchener; 519-896-4972; mec.ca

Glass Guards, Railings, Showers, Mirrors & More



KWglass
SYSTEMS INC.



445 Dutton Drive, Waterloo, Ontario
www.kwglass.com (519) 725-9305